

Heather's wedding Chad, Jessica, Megan, Steph, Stacy, Jason, Heather and Cory

Zucchini Crust Pizza

Megan Hildenbrandt Light and healthy – low carb.

4 cups grated zucchini
2 cups grated mozzarella cheese, divided
2 eggs, slightly beaten
1 tsp. olive oil
1 clove garlic, minced

1 medium onion, chopped 2 cups spaghetti sauce ½ lb. sliced mushrooms ½ cup bell pepper ⅓ cup Parmesan cheese

Drain and squeeze zucchini until fairly dry. Mix with 1 cup mozzarella cheese and eggs. Press into pan sprayed with cooking spray. Bake at 400° for 10 minutes.

Sauté garlic and onion until translucent. Stir in pizza sauce and spoon over crust. Sprinkle with mushrooms and peppers. Add Parmesan and remaining mozzarella cheese. Bake at 400° for 30 minutes. *Makes 6 servings. Per Serving: 248 calories, 7 grams fat.*